15-20 Bodywork Sessions with a Deep Bodywork Trainee:

There will be an opportunity for a contract of 15-20 bodywork sessions of $1\frac{1}{2}$ -2 hours (number and length of sessions to be negotiated) on a weekly or fortnightly basis (to be negotiated) with a trainee. The work is Deep Bodywork - specialization Postural Integration. This involves hands-on work and massage (to be negotiated) and the focus of the work is on helping you become more at home and at ease in your bodymind.

The trainee will work under individual supervision and will also be part of an ongoing supervision group with other trainees. In the supervision group a trainee may speak about his/her work, but without ever identifying the person they are working with. Only the trainee and the supervisor shall know the client's identity.

After an initial interview and acceptance by the supervisor the contract will be for 15-20 sessions. The sessions need to finish at the end of the contract (limited contract). These 15-20 sessions will be at a reduced fee.

To give trainees and their clients the optimal backing, the supervisor retains the right to accept that this client and this trainee can work together. So after an initial interview, it may take up to 2 weeks before you know whether you can go ahead with the sessions.

If that sounds OK to you, please let me know and I will put you in contact with an available trainee.